Improving Access to Psychological Therapies in Prisons.

Peter Jones.
Chair, BACP Counselling in Prisons Network.
Challenges.

• Environment.
  Is it therapeutic?
  How can we improve the therapeutic nature of prisons?

• Ethics.
  What are the ethical concerns for you as a therapist or health professional?
The Prison Population.

- Working with prisoners with
  - learning disabilities.
  - physical disabilities Eg hearing, speech and language.
  - different cultural backgrounds.
The Prison System.

- Movement of prisoners provides significant challenges.
- Security.
- Working with high risk prisoners.
- The nature of security versus therapy.
- The prisoner / patient equation.
How does this shape IAPT?

- Implementation.
- Supervision.
- Training.
- Working in prisons generally.

This must shape our thinking if IAPT is to be effective in the prison context.