



SilverCloud Health Presentation

Psychological Therapies in the NHS 2011

Dr John Sharry & Ken Cahill

25th November 2011

Strictly Private & Confidential

Agenda

Introduction

Interaction – Client & Therapist

SilverCloud Demonstration

Introduction

SilverCloud

Online web based platform

- Deliver highly engaging psycho educational programmes
- Therapist/Supporter in the loop
- Dramatically increase service capacity
- Reduce cost of delivery – more for less
- Improve patient outcomes

Stepped Care

Self Help, Supported, Reinforcement, Relapse Care

Intensity levels

Interaction – Client & Therapist

Client

- Highly engaging/interactive – journaling, reflective space
- Community based – subtle indications/group sharing
- Flexible learning & interactions
- Rich media support
- Adaptable – Organisation, client group, client

Therapist

- Manage patients – offline & online appointments
- Integration with OMT, case/patient management
- Reply templates – 6-8 reviews per hour
- Therapist levels – Supporter/Volunteer
- Effectiveness monitoring
- Administrator management

SilverCloud Demonstration


- Client Interface

[Account Settings](#) | [Sign out](#)

Mind Balance

[Home](#) | [Programme](#) | [Apps](#) | [Profile](#) | [Shared](#)


My Profile



[Edit My Profile](#)


Backup and Support

[View support network](#)




[Add new supporter](#)

Help Now



[Find Help](#)

Where I'm At



Journal Updates [Go to Your Journal](#)

What Are You Thinking/Doing Today?

[Comment on Understanding Emotions](#)

« [things not so good today](#) »

« [things are good today](#) »

Things To Do [Go to All Things To Do](#)

<p>To Do</p> <ul style="list-style-type: none"> Take the monitoring test Mindfulness - Try the Breathe Exercise Mood Monitor Mood Diary walk the dog this evening on Oct 16th Mindfulness - Try the Body Scan on Oct 17th 	<p>Done!</p> <ul style="list-style-type: none"> Mood Diary view Mood Diary view Understanding My Problems view Take the monitoring test view Take the monitoring test view
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Programme Progress [Go to Programme Overview](#)


	SilverCloud
	Getting Started with Mind Balance
	Tune In 1: Getting to Grips with Mood
	Tune In 2: Spotting Thoughts
	Change It 1: Boosting Behaviour
	Change It 2: Challenge Your Thoughts
	Change It 3: Core Beliefs
	Bringing It All Together

Programme Details Legend

Complete the Module Quiz	Do the Module Activity	Enter your Take-Home Point
Complete your Goal for the Week	Everything Completed	


See the SilverCloud Introduction Module above for more details.

Journal




Last Entry: 46 days ago

Mindfulness / Relaxation: Getting in Tune




[Click to View](#)

Understanding My Problems




[Click To View or Edit](#)

My TFB Cycles



[7 Cycles Completed](#)



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SilverCloud Demonstration

- Shared Therapist/Client Interface

Reviews


[Current Review](#)
[Go To Review 4](#)
[Go To Review 3](#)
[Go To Review 2](#)
[Go To Review 1](#)

Help Now




[Find Help](#)

Contract



[Click to View](#)

Client Details

 James Bligh (james)

Status	Programme	Share Level	Source	Joined	Next Review
Current	MindBalance	Share homework (extra opt in)	opensignup	23 months ago	today

History

● ● ● ●

Measures

[BDI8](#), [BDI6](#), [Assign Measures](#)

Review 5 is now due

Review 5

Supporter Feedback from Review 4

Hi James Bligh,
 Hope this finds you well. I will be checking your Silver Cloud profile on Fridays for shares you authorise and to see if I can support you with anything.

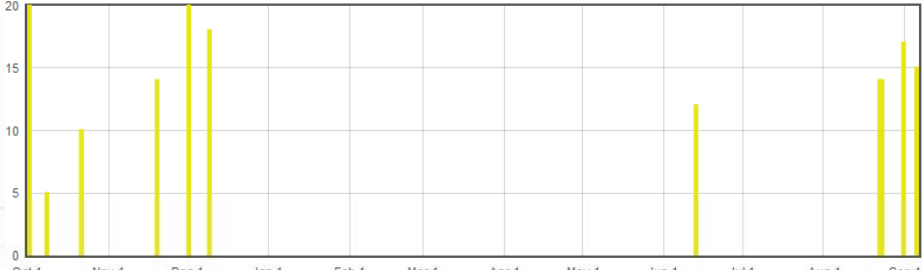
Best wishes,
 John

[Show All Reviews](#)

Login Details

📅 Sessions since last review: 3
📅 Your next review is on: 05/09/11

Where I'm At



SilverCloud Demonstration

- Therapist Interface

The screenshot displays the SilverCloud Therapist Interface. At the top, there is a navigation bar with the SilverCloud logo and the text "SilverCloud". To the right of the logo are links for "Account Settings" and "Sign out". Below the logo is a navigation menu with tabs for "Home", "Therapists", "Clients", "Invites", and "Programmes".

The main content area is divided into three columns:

- My Profile:** Shows the therapist's profile for John Sharry, including a photo and a link to "Edit My Profile".
- Clients for Review:** A table with columns for "Name", "Review", "Activity - Past", "- Recent", and "Quick Review". The first row shows a client named "Karen" with a review date of "yesterday" and four status indicators (one green, three red). Below the table is a "Feedback" text area containing a message from John to Karen: "Hi Karen, Hope this finds you well. I will be checking your Silver Cloud profile on Fridays for shares you authorise and to see if I can support you with anything. Best wishes, John". Below the feedback is a "Next Action" section with three radio button options: "Set client's next review:" (selected), "Sleep client (Review client once they re-engage with the system)", and "Finish client (This is the last review for this client)". A "Save" button is located below the options. The second row of the table shows a client named "James Righ" with a review date of "today" and four green status indicators.
- Right Sidebar:** Contains several sections: "Moderation" with a document icon and a link "There is 1 item pending moderation"; "Invites" with a person and plus sign icon; "Message Templates" with an envelope icon; and "Reports" with a pie chart icon.

At the bottom of the page, there is a footer with the text: "© 2011 SilverCloud - [Help](#) - [About](#) - [Privacy Policy](#) - [DMCA Notice](#)".

SilverCloud

Thank You

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