

How will we know whether the
Five year Forward View for
Mental Health is working?

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We're Mind, the mental health charity.
We're here to make sure anyone with a
mental health problem has somewhere to turn to
for advice and support.



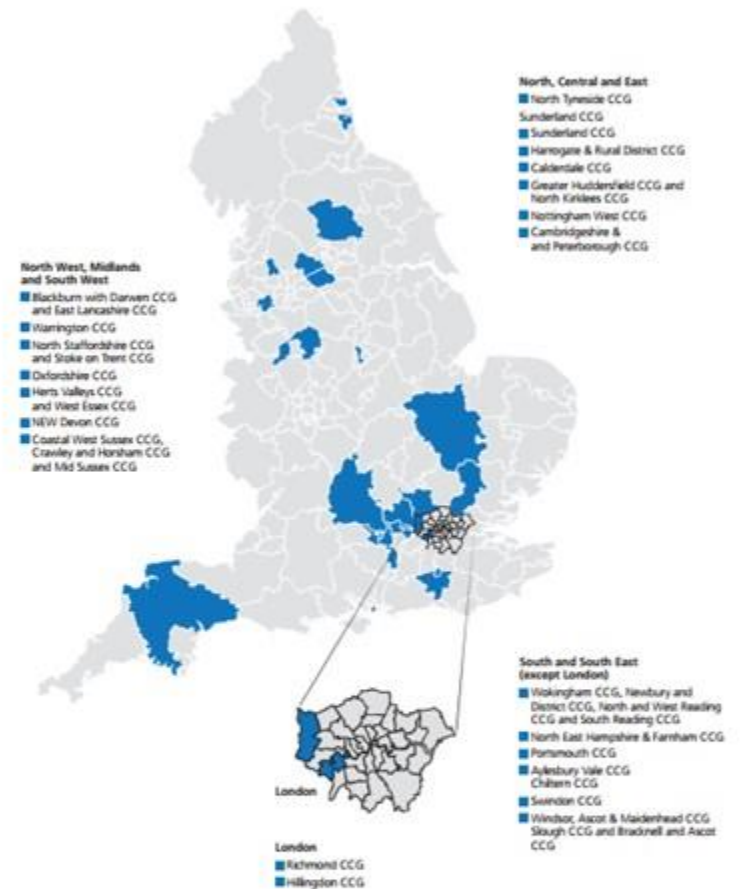
Psychological therapies – FYFVMH recommendations

- NHS England should increase access to evidence-based psychological therapies to reach 25 per cent of need so that at least 500,000 more adults with anxiety and depression can access care (and 350,000 complete treatment) each year by 2020/21. There should be a focus on helping people who are living with long-term physical health conditions or who are unemployed. There must also be investment to increase access to psychological therapies for people with psychosis, bipolar disorder and personality disorder.
- The Department of Health should consider how to introduce the regulation of psychological therapy services, which are not currently inspected unless they are provided within secondary mental health services

Psychological therapies — achievements so far

- ✓ Over 72,500 more people with common mental health problems will access psychological therapies compared with the previous years
- ✓ New integrated services set up — additional 5,000 people to be treated by the end of the year in 22 sites
- ✓ 88.8% waited less than six weeks in November 2016; 98.5% waited less than 18 weeks
- ✓ Recovery rate 48.9%
- ✓ Over 500 new training places made available
- ✓ New employment advisors will start supporting people in IAPT in 2017/18 Q1

IAPT Early Implementer CCGs



Psychological therapies - challenges

- Having the right workforce in place
- Maintaining quality while increasing access
- Reducing variation in access and recovery
- Ensuring equal access for all groups
- Enabling choice
- Integration with other services
- Measuring recovery
- Preventing gaming of the system



Tracking progress

Mental Health Five Year Forward View Dashboard

Select Type of Geography

Select Region

Select CCG

England

Click on the column headings below for a brief description of each column

Code	Indicator - Please see the Metadata tab for further details on the indicators	Change *	Latest reporting period	Indicator value (Annual objective)	Trend **	Better is...
Adult mental health: common mental health problems						
IAPT(i)	a. Improving access to psychological therapies (IAPT) access to treatment	▼	Q2 2016/17	3.8% (15.8% (3.95% per quarter))		▲
	b. IAPT access to treatment for older people (65+) as a proportion of older people in the adult population	▲	Q2 2016/17	33.3%		▲
IAPT(ii)	a. IAPT recovery rate: proportion of people that attended at least two treatment contacts and are moving to recovery	▼	Q2 2016/17	48.5% (50% in 2016/17)		▲
	b. IAPT recovery rate for black or minority ethnic (BME) groups	▼	Q2 2016/17	45.0%		▲
IAPT(iii)	IAPT referral to treatment time: proportion of people receiving first treatment appointment within 6 weeks of referral	▲	Q2 2016/17	86.7% (75% in 6 weeks)		▲
IAPT(iv)	IAPT planned spend (£k)	N/A	2016/17	N/A	N/A	N/A
Adult mental health: community, acute and crisis care						
Early intervention in psychosis (EIP)						
EIP(i)	Proportion of people experiencing a first episode of psychosis meeting both criteria a & b -All ages					
	a. Proportion of people who started treatment within two weeks of referral - All ages	▲	Q2 2016/17	76.2% (50% in 2016/17)		▲
	b. Proportion of people receiving treatment with a NICE approved package of care					

Wider measures of success

- Reported experience of people with mental health problems improves
- More prevention and early intervention
- Reduced pressure on mental health services
- Equal access and outcomes for all groups
- Positive local feedback from Healthwatch, voluntary sector, other agencies
- People with mental health problems better able to participate in society



Any questions?

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w: mind.org.uk for general information

To find out more:

www.mind.org.uk for general information

