

A.P.P

bacp

British Association for
Counselling & Psychotherapy



The Talking Therapies Task Force

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Severe and Complex?

- ▶ **Over engaged**

- ▶ Miss A

- ▶ **Disengaged**

- ▶ Miss B



Relational disturbance, relational harm and health economics

▶ Over-engagement



▶ Hospitalisation



▶ Intervention

▶ Therapeutic pathways

▶ Disengagement



▶ Emergency services



▶ Intervention

▶ Reflective practice

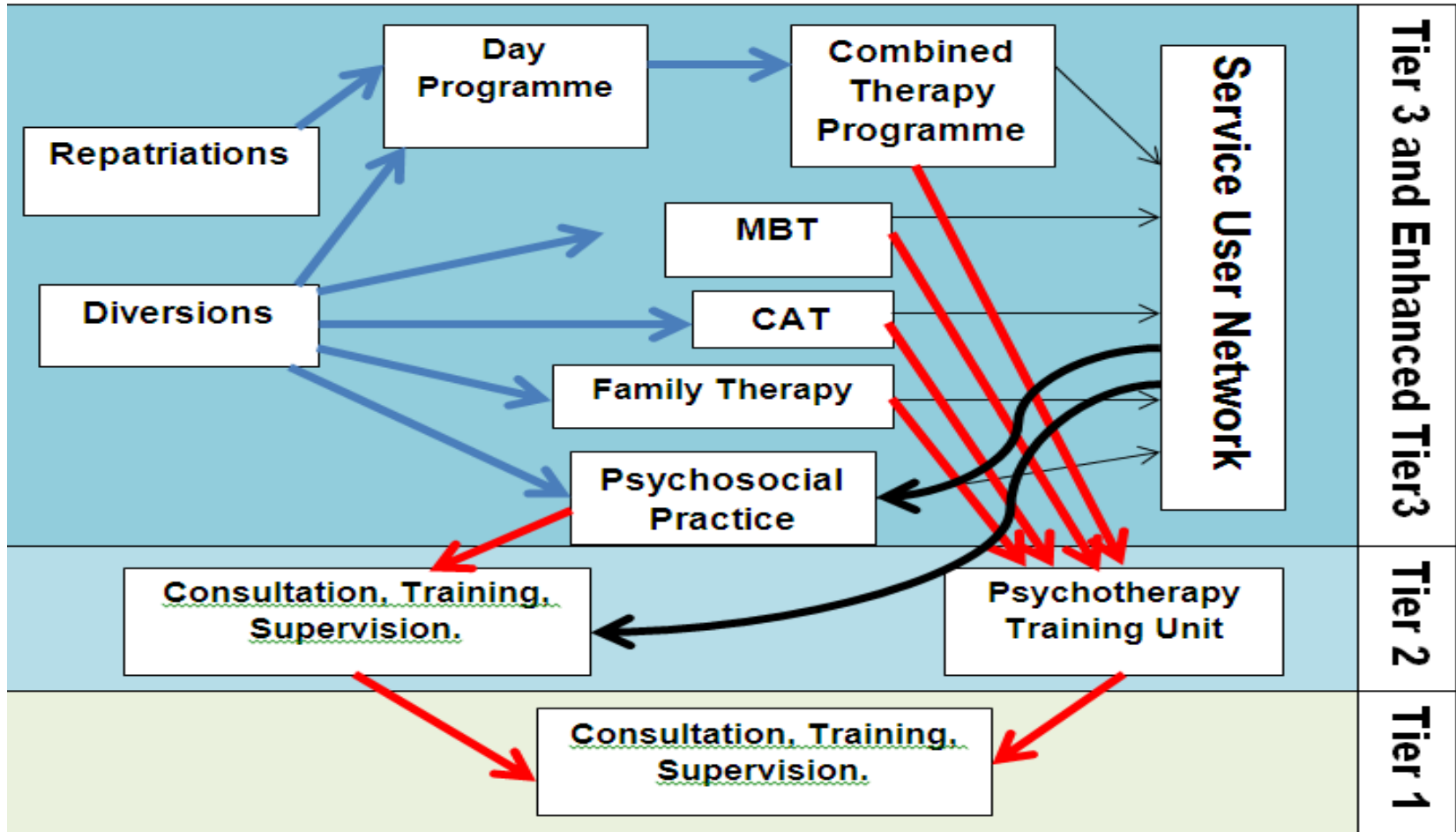




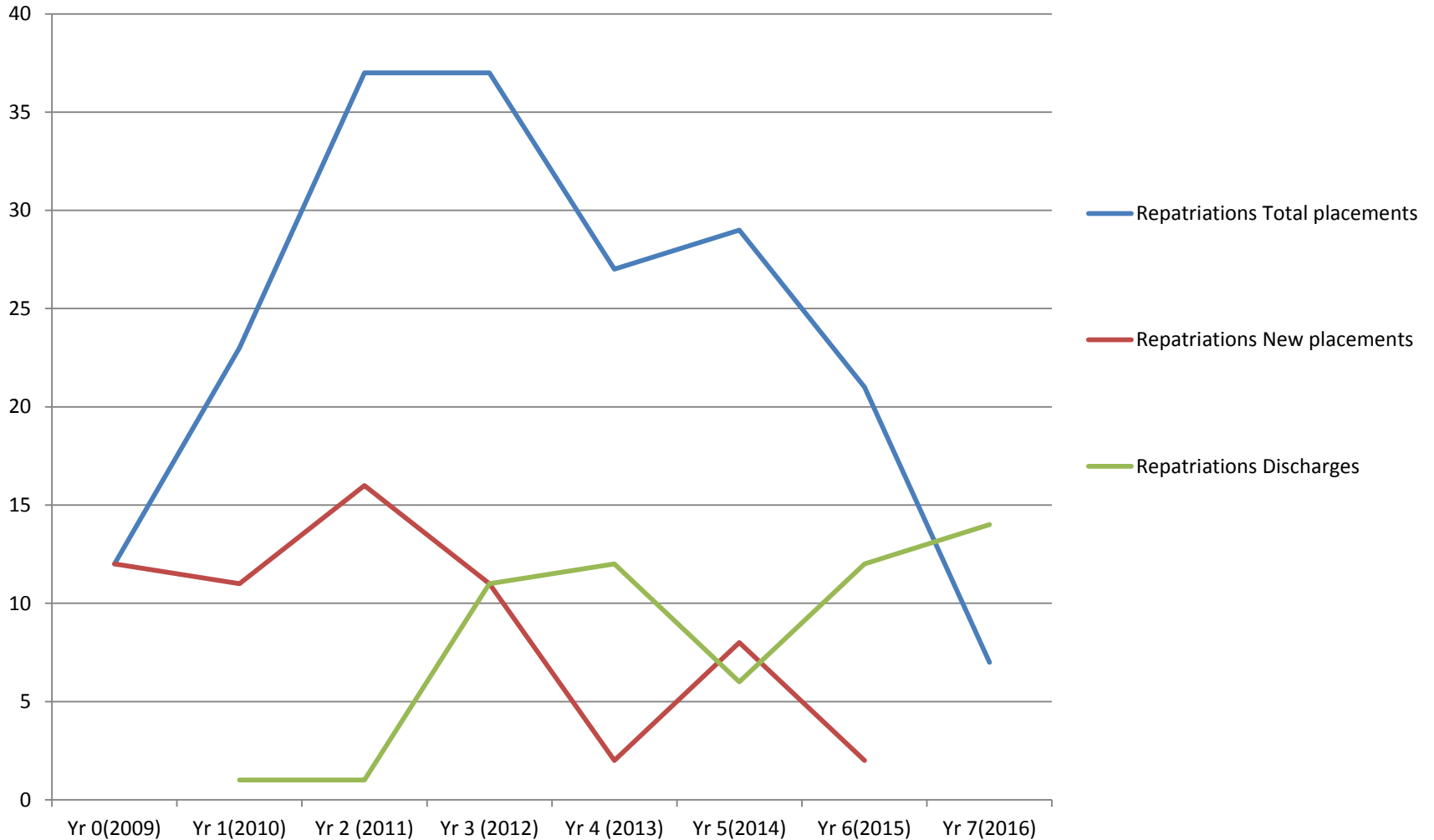
Over-engagement

Inpatients

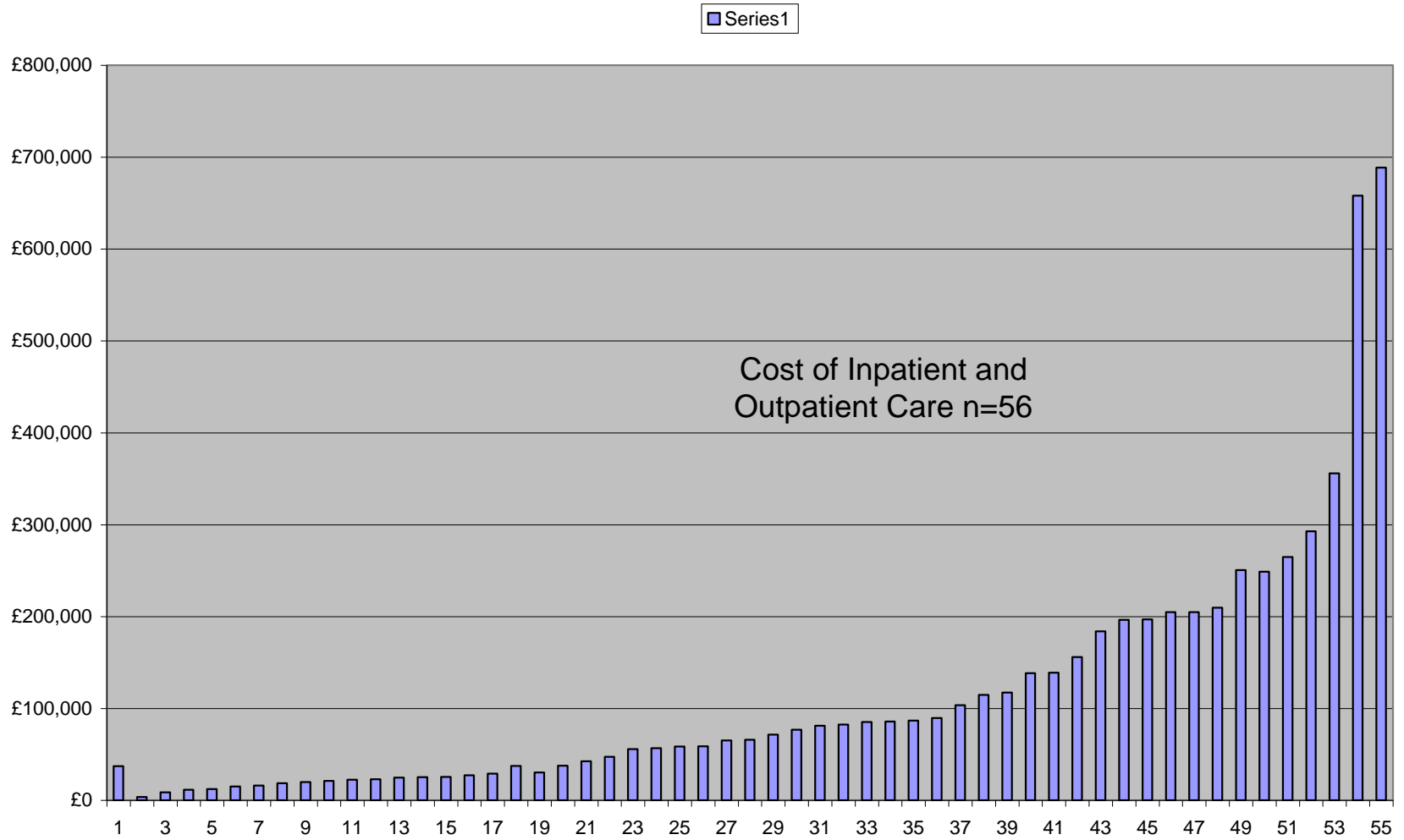
Graduated care pathway



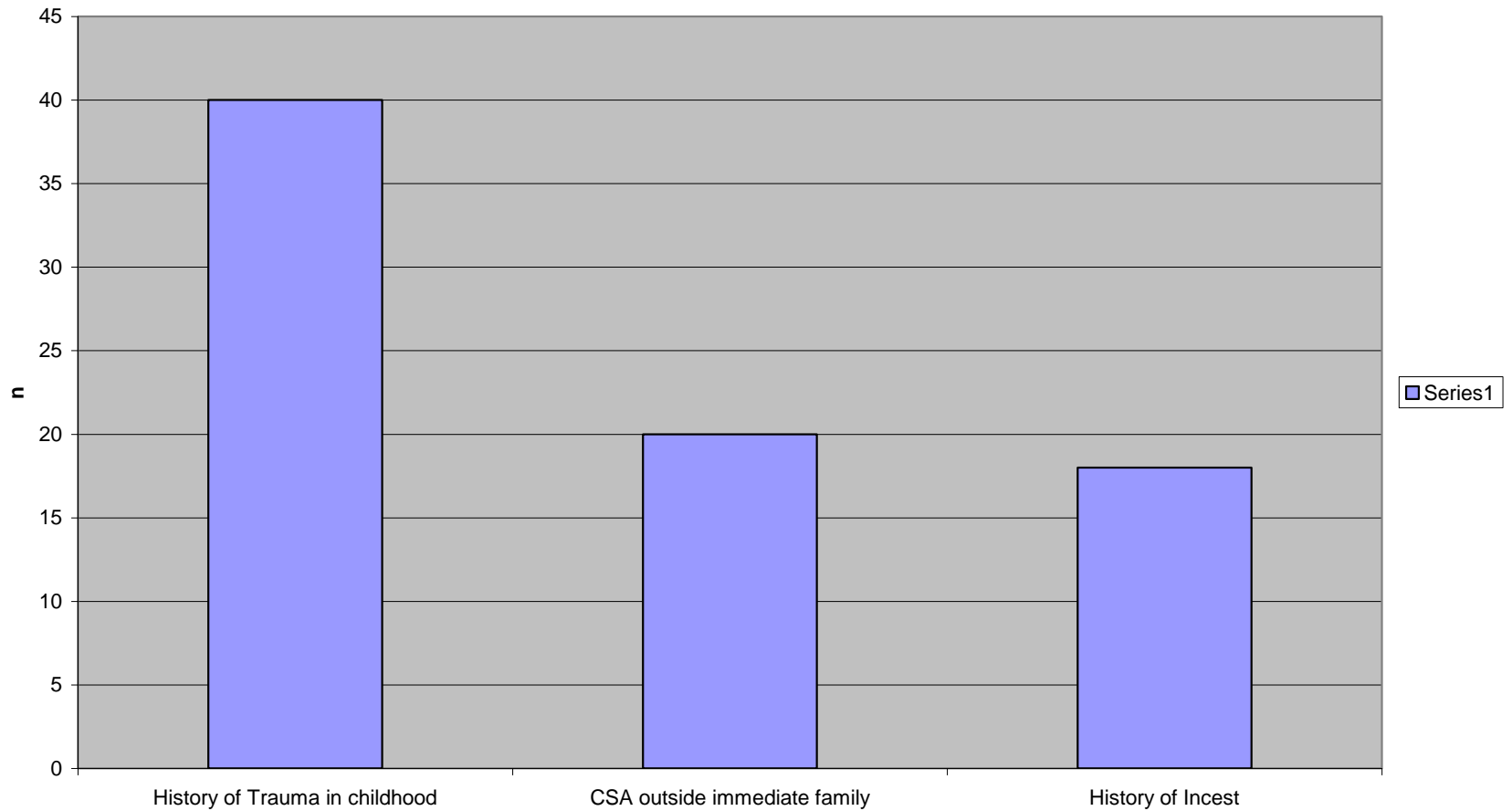
Inpatient costs mental health



Inpatient costs physical health

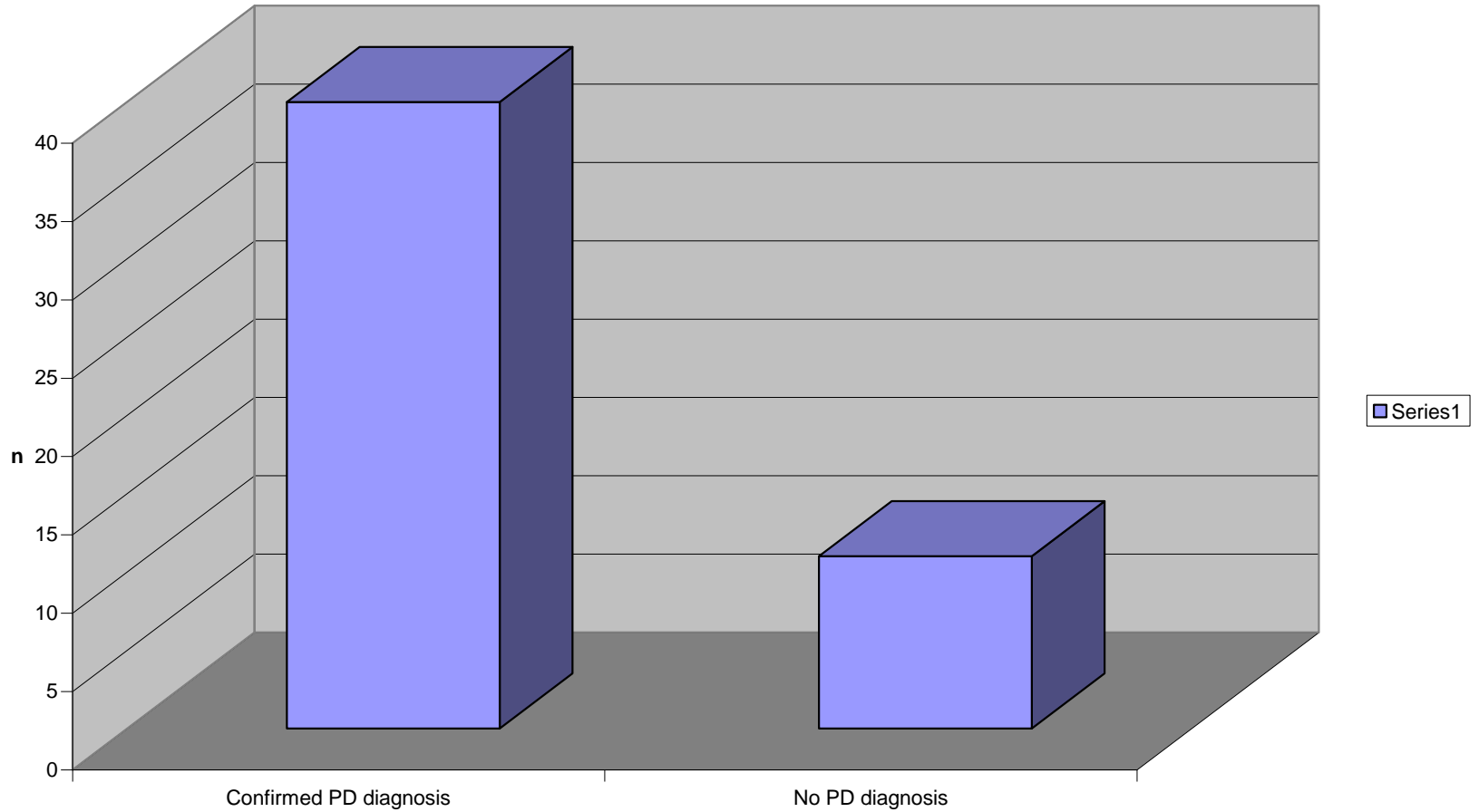


History of Trauma and Childhood Sexual Abuse. n=49



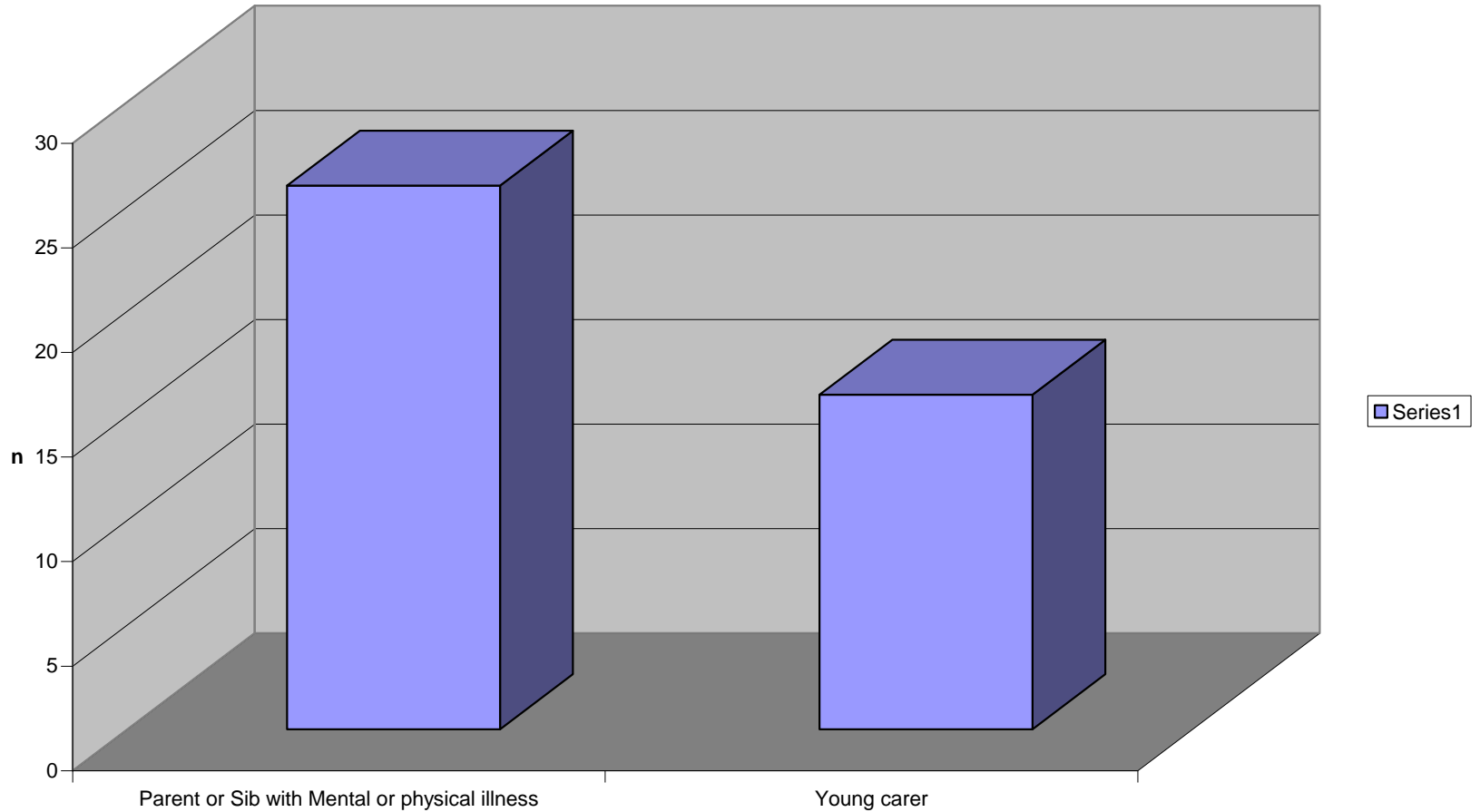
Relational disturbance PD

Confirmed clinical diagnosis of PD



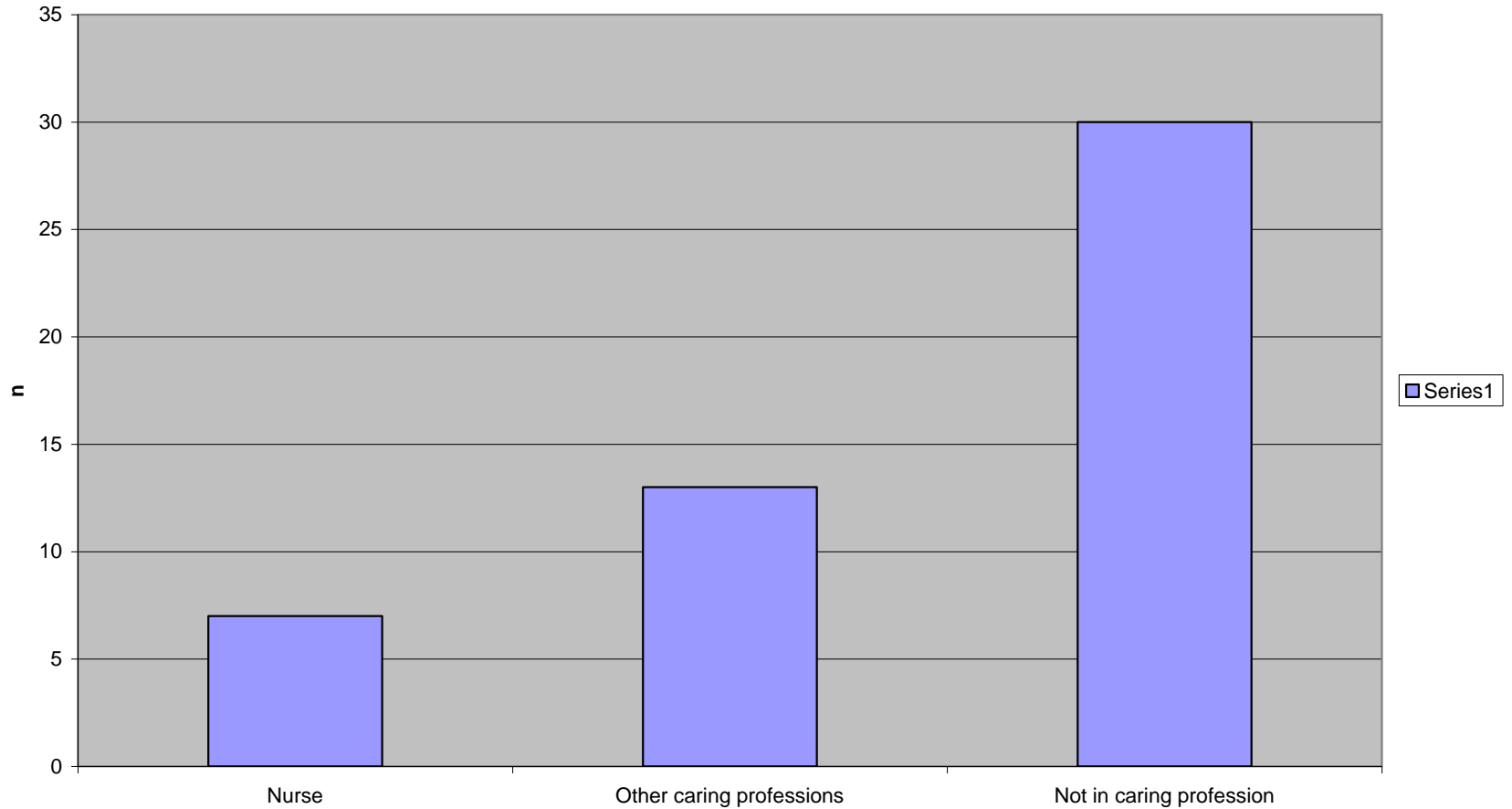
Relational disturbance Young carers

Family Illness / Young carers



Relational disturbance: The caring professions

Work in the caring professions



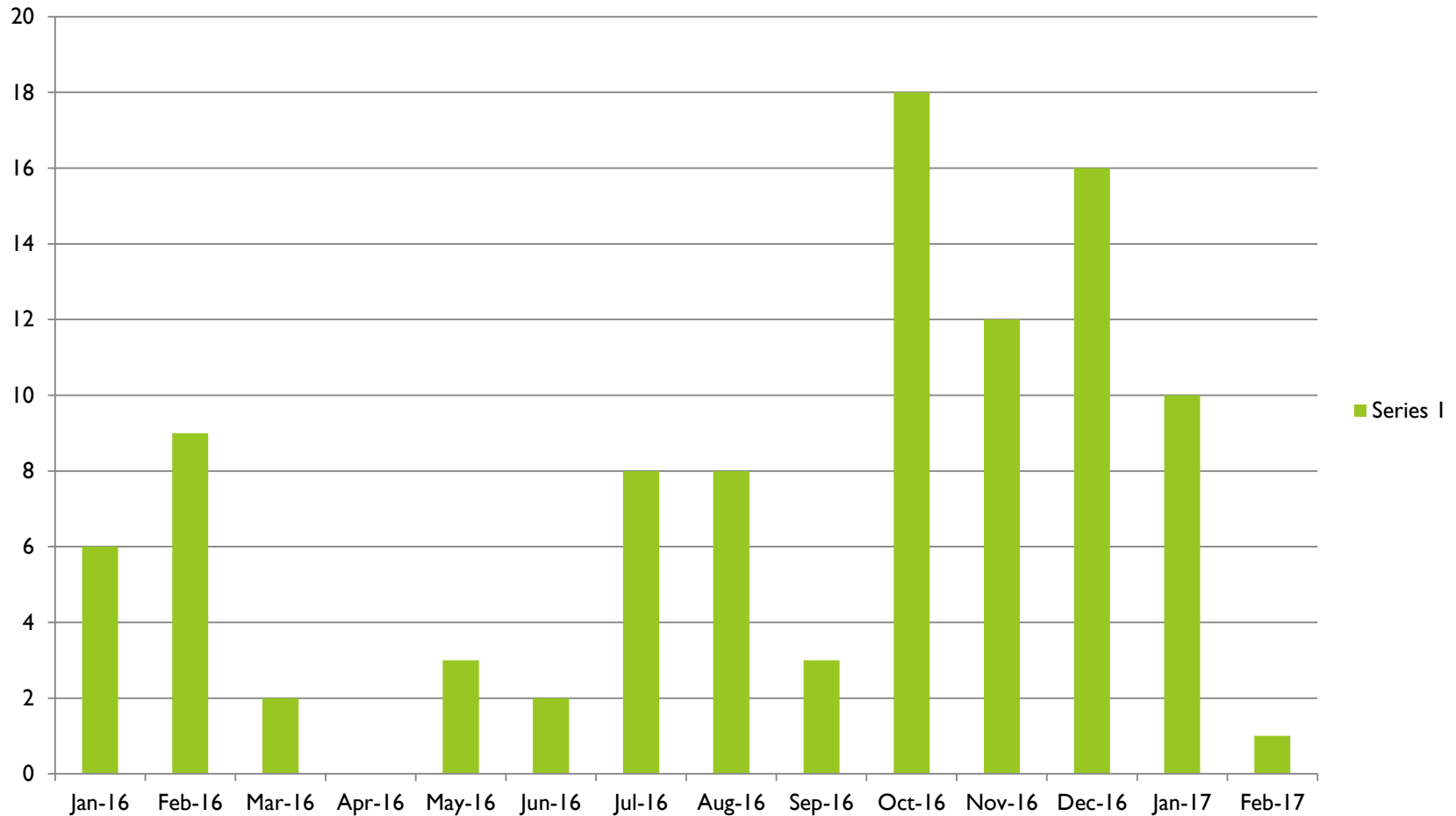


Disengagement

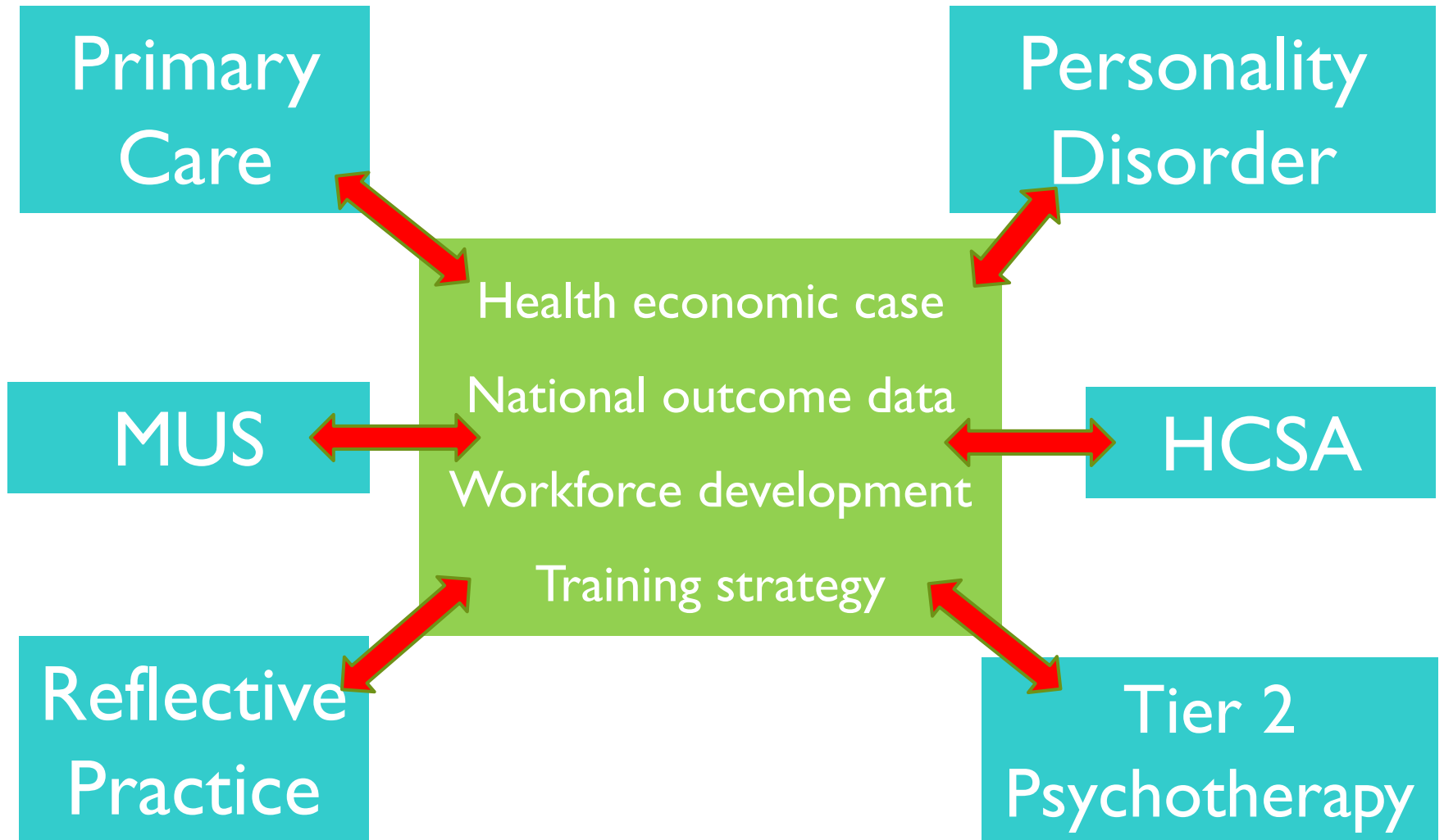
Emergency services

Ambulance Use: 98 calls Cost £13,460

Ambulance use



A new national programme promoting commissioning of psychological therapies



Strategy

- ▶ **Centre for Mental Health**
 - ▶ Health economic scoping
 - ▶ Health economic evaluation of interventions
 - ▶ Therapeutic pathways
 - ▶ Reflective Practice

- ▶ **RCPsych**
 - ▶ National outcomes framework

